



## Directions for SLIDER TRACK installation

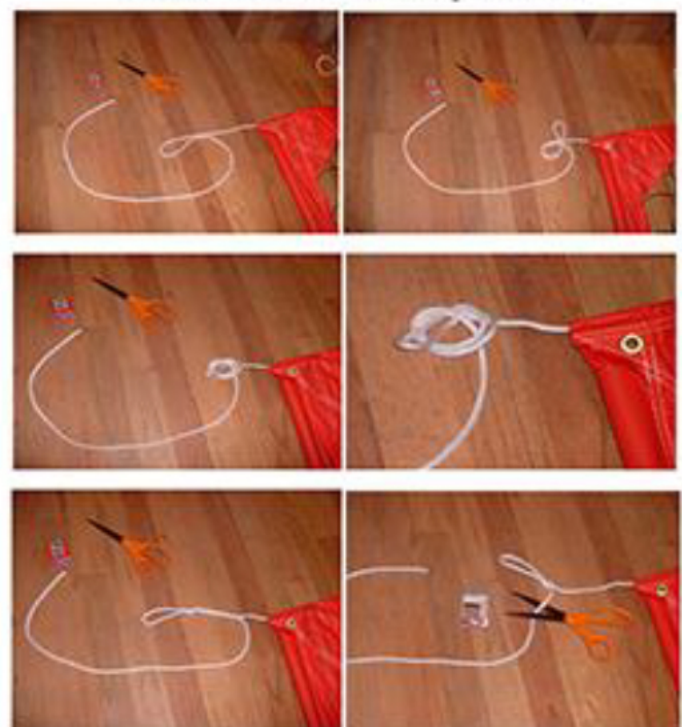
First of all, make sure you have strong poles! If installing outdoors, use 6" x 6" wood or larger. Use 3-1/2" steel posts with 1/4" wall or larger. (4" x 4" wood posts are not strong enough). If installing indoors make sure where you are connecting TRACKS to wall is very strong and re-enforced. A volleyball net will pull between 200 and 1,000 lbs depending on how tight the net gets and if a player hangs from the net.

Each TRACK has 5 pre-drilled holes to screw to post or wall. We recommend using outdoor rated screws to secure to your post or wall. For a standard installation we recommend placing the top of the TRACK at 8'4". You'll want to attach each track using 5 wood screws (We recommend #9 x 3-1/2") or 3 of these in the middle and a 3/8" x 5" galvanized steel lag screw with a 3/8" galvanized steel flat washer) at the very top of the track and one at the very bottom.

After the track has been installed you will need to slide the slider bars into the tracks. Some people slide them in from the top and some work them in from the bottom. If sliding them in from the top we recommend using a tall, sturdy ladder to comfortably load it in and having a second person lower to set the hitch pin. To set the hitch pin, run the hitch pin horizontally through the pre-drilled holes in the outside of the track through the upper hole in the lower trolley and out the other side of the track. (Remember you won't need a chair or ladder to adjust the volleyball net after the slider track has been installed.)

After you have hung your tracks and installed the slider bars you are ready to attach your volleyball net. Different nets are made differently but generally you want to connect loops to the eye bolts on one side to allow for quick attachment and removal to carabiner/snap clips. On the other side you run the cables through the pulleys and into the winches. You want to make loops in the cables so that it is easy to wind the cable up in the winch. We generally ship nets with longer cables than people need so you may want to cut off the excess cable so you don't have extra cable hanging around.

## How to tie a loop knot



**Use small profile screws so the trolleys and ball bearings can slide past them.**

**Large lag bolts and washers can be used at the top and bottom of the track if desired.**

**Suggested mount height above ground is 8'4"**